

# PACKING CHECKLIST

## Carry-on Luggage:

- Passport
- Driver's License with Picture/Picture ID
- Airline Tickets
- 1 photo copy of each of the above (Place one in an inconspicuous place in your checked luggage and leave another at home with a friend or family member)
- Spending Money (recommended amount is \$100-\$200)
- Bible
- Notebook and pens
- Sunglasses
- Ear plugs (if you have trouble sleeping on an airplane due to noise)
- Travel pillow (for sleeping on the plane)
- 1 change of Clothing (in case your luggage is delayed at the airport)
- Lightweight Jacket (airplanes are often cold, and it is useful to bring a jacket)
- \_\_\_\_\_
- \_\_\_\_\_

## Checked Luggage:

Suggestions: Pack toiletries in Ziploc bags in case of leakage. Pack enough clothes for 7 days of ministry. You will be able to wash your laundry.

- Clothes for Church/ministry
- Casual clothes (such as jeans, t-shirts, etc. for our down time)
- Tennis or casual shoes and flip flops (for shower)
- Swim wear
- Small Flashlight
- Small travel Mirror
- Lightweight towel
- Small packages of Kleenex (to use as toilet paper)
- Additional photo copies of the Passport, Driver's License and Airline Tickets
- \_\_\_\_\_
- \_\_\_\_\_

## Toiletries:

Containers should be plastic, not glass

- Shampoo/Conditioner (small containers)
- Body wash/Soap
- Face wash
- Toothbrush/Toothpaste
- Deodorant
- Razor
- Baby powder (for the hot days)
- Hand sanitizer
- Sunscreen/Bug Spray

- Feminine hygiene products
- Washcloths (to wipe away sweat if needed)
- Hair brush
- \_\_\_\_\_
- \_\_\_\_\_

### First Aid:

Suggestion: have the team leader carry all of these items, or divide them amongst the team members.

- Basic first aid kit (Band-Aids, triple antibiotic cream, tweezers, etc.)
- Pepto-Bismol tablets
- Tylenol/Advil/Motrin/Excedrin
- Imodium AD (anti-diarrhea)
- Mosquito repellent (not aerosol)
- Mosquito bite ointment
- \_\_\_\_\_
- \_\_\_\_\_

### Other:

- Converter (Electrical appliances in the Philippines use 220V. If you're bringing your own appliances, you will need a converter and appropriate adapter plug)
- \_\_\_\_\_
- \_\_\_\_\_